

Missouri USA Wrestling

Regional Training Sites

Park Hill/Staley

Mondays 6:30 -8:00 (Freestyle) Park Hill

Tuesday 6:00 – 8:00 (Greco) Staley

Thurs 6:30-8:00 (Freestyle) Park Hill

Greco Contact Gary Mayabb

Freestyle Contact Bill Erneste

Team MO Select (St. Charles West)

Tuesday (Freestyle) 6:30-8:30

Wednesday (Greco) 6:30-8:30

Thursday (Freestyle) 6:30-8:30

Freestyle Contact: Jason Moore

Greco Contact : Alptekin Ozkelik /Bill Mitchell

MO WEST (Lee's Summit North)

Monday (Greco) 6:30-8:00

Tuesday (Freestyle) 6:30-8:00

Thursday (Freestyle) 6:30-8:00

Greco Contact: Jeremy Baker

Freestyle Contact: Mike Hagerty

MO Wrestling Foundation (University of MO-Columbia)

Freestyle 6:30-8:30

Contact : Matt Pell/ Joe Johnston/ Brian Smith

April 14

May 12

June 9

Greco 6:30-8:30

Contact: Gary Mayabb

April 7

May 5

June 2

Open Mats 6:30-8:30

April 21, 28

May 19, 26