



Missouri USA Wrestling



Greetings,

This is what is hoped to be the first of quarterly letters that we at Missouri USA Wrestling intend to send out to our General Membership. It is the hope of the MO USA Board of Directors to make these letters as informative as possible so that we can keep our Members up to date with the MO USA Wrestling happenings from around our state.

We've Moved

For those of you that attended the General Membership Meeting that was held in Columbia on October 2nd, you may have noticed on the front of your Club Information Packet that MO USA Wrestling had a New Office Address and Phone Numbers, Please note the changes in your address book. Below is our New Office Address:

**Missouri USA Wrestling
1201 D NW Jefferson
Blue Springs, MO 64015
816.295.1179 phone
816.295.1433 fax**

State Chair's Corner

Well it is that time of year when youth football is starting to wind down and many of us start getting prepared for the upcoming youth wrestling season. I know that clubs couldn't wait any longer and have actually already started. I would like to say Thank You to all of the club leaders and representatives that made it to the General Membership meeting the first weekend in October. I hope you found the meeting informative and for those that couldn't make it, our communications director has an excellent recap. I would like to extend a Warm Welcome to any new members and clubs that we have this year. If anyone has any questions or needs some information please feel free to contact anyone on the board. Contact information for each member, including your district reps, can be found on our website, www.missourisuawrestling.org. I would ask that you utilize our website frequently as we continually update it with information that you may find informative and interesting. On behalf of the MO USA Board of Directors, I would like wish all of you a healthy and successful wrestling season.



Missouri USA Wrestling



Coach's Corner

Do you know the theory behind the teachable moment?

What guidelines should the coach follow when teaching young athletes?

What ways can coaches adjust to youth attention spans?

Can you differentiate between the needs of the youth and middle school age group?

To learn the answer to these questions, discuss coaching philosophies, risk management, building a wrestling program, and other aspects of coaching attending a USA Wrestling Clinic.

This year MO USA Wrestling will be offering 4 copper and 5 bronze clinics. Each Region will have the opportunity to host the clinics. The Clinics are usually conducted on Sundays (Copper 2 to 3 hours and Bronze 4 to 5 hours) This is a great opportunity for you to start or continue your coaching education.

Other opportunities for coaches' clinics and educational material:

MU/MWA Fall Clinic - October 30th and 31st - at MU Hearnes Center go to <http://mowrestlingassociation.com/index.php> for more information and to register.

Responsible Coaching - Youth Sports Coaches Guide - sponsored by USA Wrestling go to http://www.responsiblesports.com/responsible_coaching/default.aspx

On-Line Bronze Clinic - November 2nd and 3rd from 6:00pm to 8:00pm MDT
Register Now at: <https://www1.gotomeeting.com/register/707786320>

General Membership Meeting Wrap Up!

The MO USA Wrestling General Membership Meeting was held on Sunday October 3rd. First of the Board of Directors would like to express our gratitude for those clubs that took the time to make their way to Columbia to attend this important meeting. For those clubs that were unable to attend this year's meeting, I hope you will find this letter informative as to some of the happenings that occurred at this year's meeting.

Executive Board Election Results

- **Chair**
 - **Scott Clark**
- **Vice Chair**
 - **Willie Riggs**
- **Treasurer**
 - **Miki Courier**
- **Secretary**
 - **Dan Seago**
- **National Teams Director**
 - **Reggie Burris**



Missouri USA Wrestling



State Chair

Scott Clark ran for the chair position unopposed and will be the new MO USA State Chair. The Board of Directors would like to take this time To Welcome Scott into his new role with MO USA Wrestling and also to take this opportunity to Thank Bobby Herrick for his dedicated service as the State Chair for MO USA Wrestling.

State Vice Chair

Willie Riggs the incumbent was opposed by Dustin Darah. Both Candidates were well qualified for this position and were given the opportunity to address the General Membership but in the end the General Membership voted to retain Willie as the MO USA Vice Chair.

Treasurer

Miki Courier was unopposed and will remain as the treasurer.

Secretary

Dan Seago the incumbent was opposed by Bryan Elam. Here again both candidates were well qualified and were given the opportunity to speak to the General Membership prior to the vote but after the vote the General Membership voted to retain Dan as the Secretary.

National Teams Director

Reggie Burris and Bill Erneste both sought to fill this position when Randy Bradley the current National Teams Director decided not to seek re-election. The Board of Directors would like to take this time to thank Randy for his dedicated service to MO USA Wrestling over the past few years. Both of this year's candidates were given the opportunity to speak to the General Membership and both expressed passion to see MO Wrestling become the best wrestling state in the nation. In the end however the General Membership chose Reggie to take over for Randy.

The Board of Directors would like to thank all of the candidates that decided to run for Executive Board Positions this year. It is good to see many people from all parts of our great state that have the desire to step up and be willing to serve our members.



Missouri USA Wrestling



Proposed Tournament Amendments

This year we had two (2) proposed amendment changes to our Tournament Guide Book.

This first amendment change was proposed by Rob Gion. This amendment change pertained to the weigh-in procedures for the District and Regional Tournaments. Rob's proposal was to eliminate the Friday night weigh-in for the District and Regional Tournaments but allow it to remain the same for the State Championship Tournament, instead of the current procedure of allowing wrestlers to weigh on Friday night prior to the District and Regional Tournament. This amendment change was voted down by the General Membership and the current weigh-in procedure will remain as listed in the Tournament Guide Book.

The second amendment change was proposed by Dan Seago. Dan's proposal was to change the match time to 1-1-1 for all of the matches on the backside of the bracket at the State Championship Tournament. Dan proposed this change to help cut down on the amount of time it takes to run a tournament. This proposed amendment was also voted down and we will keep the current time formats for all age levels.

I hope that you have found this first edition of our quarterly news letter helpful. I would like to close by letting you know that this news letter is a work in progress and your feedback would be appreciated. Please do not hesitate to contact me with any ideas or information that you would like to see in this type of communication. Remember that Each and Every one of You Make Up MO USA WRESTLING!

Thank you,

Pat Ream
MO USA Wrestling
Communications Director
Email: patream.mousawrestling@gmail.com